



**Race 1 - Parliament Enduro - 4/16/23 (SAT)**

**START TIMES - ENDURO**

**REQUIRED - BE AT START LINE 10 MIN. BEFORE YOUR START TIME**

**PLEASE LINE UP IN THE BELOW ORDER AT START LINE**

**Stage #'s - TBA**

<b>9:00 am</b>	PRO Men	
	Cat 1/Expert Men 19-39	
	Cat 1/Expert Men 40+	
	Cat 2/Sport Men 19-39	
	Cat 2/Sport Men 40+	
	Cat 3/Beginner Men 19-39	
	Cat 3/Beginner Men 40+	
	High School JF/Varsity Boys	
	High School Frosh/Soph Boys	
	Middle School Boys	
	PRO Women	
	Cat 1/Expert Women 19-39	
	Cat 1/Expert Women 40+	
	Cat 2/Sport Women 19-39	
	Cat 2/Sport Women 40+	
	Cat 3/Beginner Women 19+	
	High School JF/Varsity Girls	
	High School Frosh/Soph Girls	
	Middle School Girls	

\* ONLINE REGISTRATION CLOSES WEDNESDAY 04/12/23 6:00 AM, LIMIT: 200

<i>Apr 16 Sun. Enduro</i>	<i>Descent Trail Name</i>	<i>Difficulty Level</i>	<i>Estimate Run Time</i>
*Stage #	<u>Peregrine Falcon</u>	Black (Advanced)	4-5 Minutes
*Stage #	<u>Talon Show</u>	Blue (Intermediate)	5-7 Minutes
*Stage #	<u>Scotts Lake</u>	Blue (Intermediate)	9-12 Minutes
<u>Untimed</u>	<u>Unkindness</u>	Return Climb	15-20 Minutes

**AFTER LAST STAGE, HEAD TO WHEELHOUSE FOR LUNCH**

**PODIUMS AFTER LUNCH AT SCOTTS LAKE BOAT RAMP**



**Race 1 - Scotts Lake ST - 4/15/23 (SAT) 7:41 pm Sunset**

**START TIMES - SHORT TRACK (ST)**

The below shows start times, NOT the series category list.  
( ~ 0.7 mi. / 200' per Lap )

**REQUIRED - BE AT START LINE 10 MIN. BEFORE YOUR START TIME FOR ANY CHANGES ON RACE DAY.**

**PLEASE LINE UP IN THE BELOW ORDER AT START LINE**

**WAVE 1 ( 3:50 PM - STAGING AND RACE ANNOUNCEMENTS )**

<b>4:00 pm</b>	CAT 3	M 19-29 y.o.	20 min. plus 1 lap
	CAT 3	M 30-39 y.o.	20 min. plus 1 lap
	CAT 3	M 40-49 y.o.	20 min. plus 1 lap
	CAT 3	M 50-59 y.o.	20 min. plus 1 lap
	CAT 3	M 60+ y.o.	20 min. plus 1 lap
	CAT 3	F 19-39 y.o.	20 min. plus 1 lap
	CAT 3	F 40+ y.o.	20 min. plus 1 lap
	CAT 3	M/F Jr 15-18 y.o.	20 min. plus 1 lap
	Open	M/F Jr 8-14 y.o.	20 min. plus 1 lap
	Open	M/F Jr 5-7 y.o.	20 min. plus 1 lap

**WAVE 2 ( 4:30 PM - STAGING AND RACE ANNOUNCEMENTS )**

<b>4:40 pm</b>	CAT 2	M Jr 15-18 y.o.	20 min. plus 1 lap
	CAT 2	M 19-39 y.o.	20 min. plus 1 lap
	CAT 2	M 40-49 y.o.	20 min. plus 1 lap
	CAT 2	M 50-59 y.o.	20 min. plus 1 lap
	CAT 2	M 60+ y.o.	20 min. plus 1 lap
	CAT 2	F Jr 15-18 y.o.	20 min. plus 1 lap
	CAT 2	F 19-39 y.o.	20 min. plus 1 lap
	CAT 2	F 40+ y.o.	20 min. plus 1 lap
	Open	Clydesdale +200 lbs.	20 min. plus 1 lap

**WAVE 3 ( 5:10 AM - STAGING AND RACE ANNOUNCEMENTS )**

<b>5:20 pm</b>	OPEN	M Pro/Expert	20 min. plus 1 lap
	CAT 1	M Expert Jr 15-16 y.o.	20 min. plus 1 lap
	CAT 1	M Expert Jr 17-18 y.o.	20 min. plus 1 lap
	CAT 1	M Expert 19-29 y.o.	20 min. plus 1 lap
	CAT 1	M Expert 30-39 y.o.	20 min. plus 1 lap
	CAT 1	M Expert 40-49 y.o.	20 min. plus 1 lap
	CAT 1	M Expert 50-59 y.o.	20 min. plus 1 lap
	CAT 1	M Expert 60+ y.o.	20 min. plus 1 lap
	OPEN	F Pro/Expert	20 min. plus 1 lap
	CAT 1	F Expert Jr 15-18 y.o.	20 min. plus 1 lap
	CAT 1	F Expert 19-39 y.o.	20 min. plus 1 lap
	CAT 1	F Expert 40+ y.o.	20 min. plus 1 lap
	Open	Single Speed	20 min. plus 1 lap

Podiums are after the USAC Official approves timing results for each Wave #.



**Race 1 - Scotts Lake XC - 4/16/23 (SUN)**

**START TIMES - CROSS COUNTRY (XC)**

The below shows start times, NOT the series category list.

(~ 3.3 Miles / 511' per Lap )

**REQUIRED - BE AT START LINE 10 MIN. BEFORE YOUR START TIME**

**PLEASE LINE UP IN THE BELOW ORDER AT START LINE**

**WAVE 1 ( 7:50 AM - STAGING AND RACE ANNOUNCEMENTS )**

8:00 am	CAT 3	M 19-29 y.o.	2 laps ~ 6.6 Miles
	CAT 3	M 30-39 y.o.	2 laps ~ 6.6 Miles
	CAT 3	M 40-49 y.o.	2 laps ~ 6.6 Miles
8:01 am	CAT 3	M 50-59 y.o.	2 laps ~ 6.6 Miles
	CAT 3	M 60+ y.o.	2 laps ~ 6.6 Miles
8:02 am	CAT 3	F 19-39 y.o.	2 laps ~ 6.6 Miles
	CAT 3	F 40+ y.o.	2 laps ~ 6.6 Miles
8:03 am	CAT 3	M/F Jr 15-18 y.o.	2 laps ~ 6.6 Miles
8:04 am	Open	M/F Jr 8-14 y.o.	2 laps ~ 6.6 Miles
	Open	M/F Jr 5-7 y.o.	2 laps ~ 6.6 Miles

**WAVE 2 ( 8:50 AM - STAGING AND RACE ANNOUNCEMENTS )**

9:00 am	CAT 2	M Jr 15-18 y.o.	4 laps ~ 13.2 Miles
	CAT 2	M 19-39 y.o.	4 laps ~ 13.2 Miles
9:01 am	CAT 2	M 40-49 y.o.	4 laps ~ 13.2 Miles
9:02 am	CAT 2	M 50-59 y.o.	4 laps ~ 13.2 Miles
	CAT 2	M 60+ y.o.	4 laps ~ 13.2 Miles
9:03 am	CAT 2	F Jr 15-18 y.o.	4 laps ~ 13.2 Miles
	CAT 2	F 19-39 y.o.	4 laps ~ 13.2 Miles
	CAT 2	F 40+ y.o.	4 laps ~ 13.2 Miles
9:04 am	Open	Clydesdale +200 lbs.	4 laps ~ 13.2 Miles

**WAVE 3 ( 10:50 AM - STAGING AND RACE ANNOUNCEMENTS )**

11:00 am	OPEN	M Pro/Expert	6 laps ~ 19.8 Miles
11:01 am	CAT 1	M Expert Jr 15-16 y.o.	5 laps ~ 16.5 Miles
	CAT 1	M Expert Jr 17-18 y.o.	5 laps ~ 16.5 Miles
11:02 am	CAT 1	M Expert 19-29 y.o.	5 laps ~ 16.5 Miles
	CAT 1	M Expert 30-39 y.o.	5 laps ~ 16.5 Miles
	CAT 1	M Expert 40-49 y.o.	5 laps ~ 16.5 Miles
11:03 am	CAT 1	M Expert 50-59 y.o.	5 laps ~ 16.5 Miles
	CAT 1	M Expert 60+ y.o.	5 laps ~ 16.5 Miles
11:04 am	OPEN	F Pro/Expert	5 laps ~ 16.5 Miles
	CAT 1	F Expert Jr 15-18 y.o.	5 laps ~ 16.5 Miles
	CAT 1	F Expert 19-39 y.o.	5 laps ~ 16.5 Miles
	CAT 1	F Expert 40+ y.o.	5 laps ~ 16.5 Miles
11:05 am	Open	Single Speed	5 laps ~ 16.5 Miles

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